

The SportsAble 2020 "8-to-8 Arrowthon" - 22nd February 2020

Venue: SportsAble Clubhouse, Braywick Sports Ground, Maidenhead.

The Archery section of SportsAble invites you to participate in its fundraising "8-to-8 Arrowthon". Help us to raise money to support the charity which transforms the lives of disabled people through sport.

We will be running eight 90-minute sessions, shooting indoor Portsmouth rounds at 20 yards, starting at 8 a.m. Prizes will be given for the highest individual score of the day by bow type, the best performance by an archery club and the highest amount of sponsorship raised.

Please fill in the attached entry form, giving name, home club, bow type and preferred sessions. Sessions will be allocated on a first-come, first-served basis. We will acknowledge receipt of applications via email if you provide an email address.

We ask for a minimum donation to SportsAble of £5 per archer per session. Please make cheques payable to "SportsAble". Alternatively, you can electronically transfer the money to SportsAble at Metro Bank, Sort Code 23-05-80, Account Number 29695245, adding the reference "Arrowthon".

Please send the completed forms to; John Greaves, c/o SportsAble, Braywick Rd., Maidenhead, SL6 1BN, or scanned copies by email to sportsdevelopmentofficers@sportsable.co.uk.

Sponsorship: We also attach sponsorship forms for those archers kind enough to ask friends and colleagues to support the charity. Archers raising £50 or more in sponsorship will be given up to three sessions free (space permitting). As mentioned above, there will be a prize for the person who generates the most sponsorship.

Refreshments: Refreshments will be on sale during the event.

Have-a-go session: On the **afternoon of March 1st**, we will also be offering 45-minute have-a-go sessions with our team of coaches for those who are new to archery. We would be particularly pleased to welcome any disabled people who would like to explore this fantastic sport. Please let us know if there is anyone you know who may be interested.

Thank you for supporting SportsAble.

John Greaves
Peter Roe

About SportsAble: Founded 40 years ago as WAMSAD (Windsor and Maidenhead Sports Association for the Disabled), SportsAble provides facilities and support for those wishing to participate in a wide range of sports, physical and social activities. The charity delivers life-changing outcomes to individuals with sensorial or physical disabilities and their families. For more competitive individuals who demonstrate a talent, the specialist coaching provided by SportsAble can lead to national competition and even participation in international championships.

About SportsAble Archery: The SportsAble Archery section is one of the oldest in the club, supporting and developing archers with a wide range of abilities, from complete beginners to Paralympic medalists. We have lots of experience in helping people fulfil their potential and we help transform their lives by building new skills and confidence and helping them form new and lasting friendships. Members of the section regularly participate in national and regional competitions.

President: JOHN JENKINS MBE

Chairman: VIVIENNE DAVIES

Patrons: ANDREW PEACH, Sir STEVE REDGRAVE CBE,
Sir HUGH STEVENSON, Lady STEVENSON

Paralympian Patrons: SOPHIE CHRISTIANSEN OBE,
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